

Behrend Lions Track and Field 2009



PENNSTATE



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Behrend Lions Track and Field

2009 Season Preview

Coach Greg Cooper will begin his third year as the head coach of the Behrend Lions track and field team. A season ago the Behrend Lions saw 32 team records fall on the way to another impressive season. Finishing third and fourth in the Mason Dixon conference championships a year ago the men and women, "Have the opportunity to again improve on our performance from a season ago," said Coach Cooper. "Our women's team should be the largest ever after only losing four women from a season ago and adding a great group of newcomers and transfer athletes. The men's team lost a few key sprinters from the 2008 season which boasted a provisional NCAA qualifying time in the 4x100m, but the team as a whole looks to be strong across the board with outstanding athletes in all event groups." With the strong returning class and the exceptional coaching staff the Behrend Lions are looking to make a run at the championship.

The Behrend Lions are led by three seniors for the 2009 season. Sprinters Lauren Kremm (Greenville/Greenville) and Phil Stuczynski (Girard/Girard) both are record holders for the Behrend Lions as well as team captains. Kremm holds the women's 100 meter dash record with a time of 12.58. Stuczynski is a member of the 4x100 meter relay team that holds the school record. Rounding out the senior class is team captain Cassie Manelick (Youngsville/Youngsville). Manelick holds the Behrend women's indoor record in the weight throw with a mark of 33'10.25". "Those three bring a wealth of experience to the team, an outgoing attitude to help their teammates, and a great example of how to work both on the team and in the classroom," said Coach Cooper.

The junior class is made up of solid athletes who have performed well at the ECAC meet. Virginia Rodgers-Owens (Washington, DC/P.L. Dunbar) had a solid indoor season breaking three individual records and one relay record. Joining Rodgers-Owens on the 4x100 meter relay team was Dana Turley (Sarver/Freepport). Turley is an All-ECAC performer for the blue and white. The junior class is rounded out by Sara Byers (New Castle/Mohawk). The men's team returns nine juniors for the 2009 season. These men include Earl Bass (Niagra Falls, NY/Niagra Falls), Eric Danig (Parkesburg/Octorara), Kevin Gorny (Erie/McDowell), Andy Iams (Harrison City/Penn Trafford), Vinnie Krawiec (Erie/McDowell), Matthew Popson (Erie/McDowell), Rob Shrawder (New Wilmington/West Middlesex), Doug Stevenson (Sharpsville/Sharpsville), and Jordan Telin (North Huntingdon/Norwin). Bass, Danig, Gorny, Stevenson, and Telin were named as All-Mason Dixon conference a year ago.

The men's sophomore class includes Matt Alto (Uniontown, OH/Archbishop Hoban), Nathaniel Boring (Reedsville/Indian Valley), John Bowman (Clearfield/Clearfield), Shane Cyphert (North East/Seneca), Justin DiPenti (Warren/Warren), Steel Flynn (Butler/Butler), Bryson Hartzler (Bellefonte/Indian Valley), Eric Holzman (Export/Franklin Regional), Michael Johnson (Clearfield/Clearfield), Matt Kirkpatrick (Oil City/Oil City), Evren Lee (Bronx, NY/Wings Academy), Michael Lee (Bronx, NY/Wings Academy), Ronson Mazany (Ashville, NY/Panama Central), Steven Monnie (Butler/Butler), Tony Nee (South Park/South Park), Joe O'Connor (Pittsburgh/Avonworth), David Robinson-Gault (Amherst, NY/Amherst Central), Calvin Schmader (Cooperstown/Oil City), and Mike Stark (Gibsonia/Pine-Richland). Transfer Eston Winn (Erie/McDowell) will be joining the blue and white after competing at Kent State a year ago.

While in the women's sophomore class Alex Falvo (Pittsburgh/North Allegheny), Elizabeth



Keller (Olean, NY/Bradford), Mallory Souleret (Pittsburgh/Baldwin), Kylie Swanson (Hermitage/Hickory), Amanda Wehrle (Rossiter, Punxsatawney), and Tanisha Wheatley (Saltsburg/Kiski) all return from a strong season a year ago. Jenna Fatica (Erie/Villa Maria) has transferred in from Akron to join the Behrend Lions for the 2009 season.

Another large freshman class will be joining the blue and white this year with a great deal of potential and talent. The indoor season begins on January 24 at Case Western Reserve followed by the Kane Invitational on February 14. The indoor season concludes with the ECAC meet on March 6 and 7 and the NCAA meet on March 12-14. The men and women will begin the outdoor season on March 27 and 28 when they travel to the Wheeling Invitational. The Behrend Lions will finish the year at the Mason Dixon Championships hosted by Frostburg State on May 1-2. The ECAC and NCAA meets are held on May 14-15 and 21-23 respectively.

Quick Facts

Address

Penn State Erie,
The Behrend College
Junker Center
5103 Station Road
Erie, PA 16563-0400

Web Address

behrend.psu.edu

Telephone

814-898-6000

Founded

1948

Enrollment

4,600

Chancellor

Dr. Jack Burke

SportsLine

814-898-6163, press 1

Arena

Junker Center

Capacity

1,600

Nickname

Behrend Lions

Colors

Blue and White

Affiliation

NCAA Division III

Conferences

ECAC

Mason Dixon

Director of Athletics

Brian Streeter 814-898-6379

Athletics Trainers

Jeff Webster 814-898-6340

Angela Meserole 814-898-7227

Deana Brink 814-898-6017

Sports Information

Paul Benim 814-898-6322

prb3@psu.edu fax: 814-898-7570

Phil Pisano 814-898-6235

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Head Coach

Greg Cooper 814-898-6239

gdc120@psu.edu

Alma Mater

Penn State Behrend, 2006

Penn State Behrend, 2001

Assistant Coaches

Keith Cerroni

Dave Cooper

Mike Palmer

Joe Sanford

Gary Senyo

Doug Stratton

Media Information

College Newspaper

Behrend Beacon 814-898-6488

fax: 814-898-6019

Newspaper

Erie Times-News 814-870-1700

fax: 814-870-1808

Television

WICU-TV 12 814-454-5201

fax: 814-454-3753

WJET-TV 24 814-868-2424

fax: 814-864-1704

WSEE-TV 35 814-454-3500

fax: 814-459-3500



Behrend Lions Track and Field

Coaching Profiles

Head Coach Greg Cooper

Greg Cooper enters his third season as the men's and women's track and field and cross country head coach. Cooper previously served under Dave Cooper as assistant coach of the track and field team for five years and the cross country team for two years. He also coached and taught at the high school level. Greg Cooper led 15 athletes to qualify for the ECAC Championships a year ago. He guided six qualifiers to All-ECAC performances and saw the fall of five Behrend team records. Cooper was recognized as the 2008 AMCC Men's Cross Country coach of the year after winning a second consecutive AMCC Championship.

In 2007, Cooper led 17 athletes to qualify for the ECAC's as well as one NCAA qualifier, who finished thirteenth at the national championships. In addition, Cooper was named the AMCC 2007 Coach of the Year for both men and women's cross country.

As an assistant coach Cooper specialized in the 400 and 800 meter sprints as well as the hurdles. He played an integral role in coaching Isiah Meek to national qualifying times in both the indoor and outdoor hurdles. As head coach, he focuses on sprinters in the 100, 200, 400 meter events as well as hurdles and relay teams.

Cooper was a cross country and track standout at Union City High School where he was a PIAA champion in track & field (4 x 800 meter relay) and captain of Union City's 1996 PIAA State Champion cross country team. Cooper continued his success at Behrend, where he set records in the 400 and 800 meters as well as three relay records.

Cooper graduated from the Behrend MBA program in May of 2006. In addition to coaching, Cooper also instructs in the health and physical education department.

Assistant Coach Dave Cooper

Coach Dave Cooper enters his eighth year as a part of Behrend track and field and cross country. Cooper previously served as the head coach for both track and field and cross country at Behrend for five seasons before transitioning to the assistant coach role. He will focus his coaching runners in the 800, 1500, 5000, and 10,000 meter events.

In his five seasons at the helm, the men's and women's track and field teams set scores of records, both indoors and outdoors. Behrend has qualified a total of 35 athletes at the ECAC and NCAA level over the past two seasons. During that time he was named the AMCC women's cross country coach of the year in 2001 and 2003.

Among his many accomplishments at the Union City high school are the capturing of the Boys State Cross Country Championship Title in 1996 and 1997, the state runners-up title in 1990, and 19 league titles. His boys dual meet record was 249 wins and 32 losses. The girls program, which was initiated by Cooper, secured ten conference crowns. In 2000, he was listed among the "Coaches of the Century" by the Erie Times Sports Department.



Greg Cooper



Dave Cooper

Behrend Lions Track and Field

Coaching Profiles



Keith Cerroni

Assistant Coach Keith Cerroni

Keith Cerroni returns to the Behrend coaching staff for his fourth season. Entering this season, Cerroni will be aiding in sprinting starts. He is the former record holder in the 55 meter dash and is currently working for Penn State Behrend in the Residence Life Office. Keith completed his undergraduate degree in business liberal arts and his MBA from Behrend.



Mike Palmer

Assistant Coach Mike Palmer

Mike Palmer enters his fifth year as a Behrend assistant coach and brings a wealth of experience to an already successful jump squad. His ability to coach technique aids his jumpers in reaching championship form. As head coach at General McLane High School he has lead his team to the District 10 Championship. Palmer has consistently qualified his jumpers for the ECAC Championships and each season sees improvement in personal best for his jumpers.



Gary Senyo

Assistant Coach Gary Senyo

Gary Senyo returns for his eighth season as javelin coach at Behrend. He enters his fourth season of coaching the shot put and discus. As a high school mentor, Senyo qualified numerous javelin, shot put, and discus throwers to district and state levels. Under Senyo, Behrend javelin throwers routinely qualify for ECACs, with Dan Mitchell also qualifying for NCAAs in 2004, 2006, and 2007.



Doug Stratton

Assistant Coach Doug Stratton

Doug Stratton returns as the Behrend Lions high jump coach for the fifth season. Stratton has coached high school All-Americans and state champions at McDowell High School. He also coached former athlete Staci Banaszek to Mason Dixon and ECAC Championships as well as a trip to the NCAA, where she finished ninth. He brings a wealth of knowledge and experience to Behrend's high jumpers.

Assistant Coach Joe Sanford

Joe Sanford is perhaps the most successful high school pole vault coach in Pennsylvania. His vaulters have brought home 29 state medals including seven gold. His vaulters have achieved high school All-American status eight times and have included a National Champion. Starting his eighth year at Behrend, Sanford has qualified eleven vaulters to the ECAC championships.

Behrend Lions Track and Field

Player Profiles

Lauren Kremm **Senior**

Holds Behrend record in 100m dash ... helped bring Behrend sprinting to regionally competitive level ... two time ECAC qualifier in 4x100m relay and All-Mason Dixon honors in long jump and 4x100 ... majoring in biology.

Hometown: Greenville, PA
High School: Greenville



Lauren Kremm

Cassie Manelick **Senior**

Team captain ... record holder in indoor weight throw ... contributed with All-Mason Dixon performances in triple jump, shot put, discus, and javelin as a junior ... will play a key role in the development of young throwing squad ... majoring in marketing.

Hometown: Youngsville, PA
High School: Youngsville



Cassie Manelick

Phil Stuczynski **Senior**

Team captain ... record holder on 4x100m relay team with 2008 NCAA Provisional Qualifying time ... All-ECAC performer and All-Mason Dixon performer ... will look to qualify as an individual for the championships this season ... majoring in finance and accounting.

Hometown: Girard, PA
High School: Girard



Phil Stuczynski

Earl Bass **Junior**

Mason Dixon runner up in the 110m hurdles a year ago ... stronger than ever ... will sprint and hurdler again this year ... taking his athleticism to the long jump for the first time ... majoring in biology.

Hometown: Niagara Falls, NY
High School: Niagara Falls



Earl Bass

Sara Byers **Junior**

Two time All-Mason Dixon performer in the high jump for the blue and white ... provides leadership to the jumpers in her third season ... dedicated hard worker ... majoring in accounting and finance.

Hometown: New Castle, PA
High School: Mohawk



Sara Byers

Eric Danig **Junior**

Two time All-Mason Dixon in discus and javelin ... will be a leader for the throwers ... great technical thrower ... record holder in weight throw ... majoring in finance.

Hometown: Parkesburg, PA
High School: Octorara



Eric Danig

Kevin Gorny **Junior**

2008 outdoor MVP ... holds records in mile run, steeplechase, and DMR ... two time ECAC qualifier ... All-Mason Dixon in rare steeplechase, 5000m double ... coming off his third consecutive cross country all-conference performance ... majoring in management information systems.

Hometown: Erie, PA
High School: McDowell



Kevin Gorny

Behrend Lions Track and Field

Player Profiles



Andy Iams

Andy Iams **Junior**

Hometown: Harrison City, PA
High School: Penn Trafford

Team leader ... three time All-AMCC cross country runner ... doubled last year at the Mason Dixon meet earning honors in the 5000m and 10,000m events ... one of only four men to break the 16 minute barrier for 5k in Behrend history ... majoring in mechanical engineering.

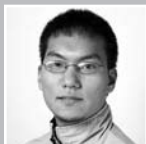


Vincent Krawiec

Vincent Krawiec **Junior**

Hometown: Erie, PA
High School: McDowell

Third year sprinter for the blue and white ... earned all-conference honors as a freshman ... could contribute to another exceptional relay squad ... looks stronger coming into the season ... majoring in English.



Matthew Popson

Matthew Popson **Junior**

Hometown: Erie, PA
High School: McDowell

Third year athlete for Behrend Lions track and field team ... made the transition from distance runner to javelin thrower a year ago ... will focus on mechanics and power to improve in his throwing this season ... majoring in marketing.



V. Rodgers-Owens

Virginia Rodgers-Owens **Junior**

Hometown: Washington, DC
High School: Paul Lawrence Dunbar

Solid sprinter for Behrend Lions ... record holder in 55m, 4x200m and 200m indoors and 4x100m outdoors ... will contribute to sprint relays and sprint events ... ECAC qualifier in every season as member of Behrend team ... six time All-Mason Dixon honors ... majoring in communications and media studies.



Rob Shrawder

Rob Shrawder **Junior**

Hometown: New Wilmington, PA
High School: West Middlesex

Earned first All-AMCC honors with great cross country season ... will look to focus on the 5000m this season ... has a great combination of stamina and speed ... majoring in computer engineering.



Douglas Stevenson

Douglas Stevenson **Junior**

Hometown: Sharpsville, PA
High School: Sharpsville

The only male track and field athlete to earn Academic All-American honors for Behrend ... earned an NCAA provisional mark in 4x100m relay a year ago ... will look to challenge records in the 55m and 100m ... All-ECAC and All-Mason Dixon performer ... majoring in computer engineering.



Jordan Telin

Jordan Telin **Junior**

Hometown: North Huntington, PA
High School: Norwin

Outstanding 400m athlete ... ECAC qualifier a year ago ... will push for position on 4x100m relay teams and be a rock on 4x400m team ... can compete at any distance ... All-Mason Dixon performer ... majoring in finance.

**Dana Turley
Junior**

Team leader ... All-ECAC performer and Behrend record holder in 400m hurdles ... also a member of the record holding 4x100m relay team ... earned All-Mason Dixon in four events ... dynamic athlete who can contribute in a variety of ways ... majoring in math.



Dana Turley

**Matt Alto
Sophomore**

Coming off another impressive cross country season ... an academic all-conference athlete ... will focus on long distance events this year in track ... majoring in meteorology.

**Hometown: Uniontown, OH
High School: Archbishop Hoban**



Matt Alto

**Nathaniel Boring
Sophomore**

A second year pole vaulter for the blue and white ... will focus on improving form and explosiveness this season ... adds depth to the team ... majoring in political science.

**Hometown: Reedsville, PA
High School: Indian Valley**



Nathaniel Boring

**John Bowman
Sophomore**

Impact discus and javelin thrower for the Behrend Lions ... earned All-Mason Dixon honors a year ago ... will once again be a force in the throwing events ... majoring in mechanical engineering.

**Hometown: Clearfield, PA
High School: Clearfield**



John Bowman

**Shane Cyphert
Sophomore**

A second year sprinter and hurdler for the Behrend Lions ... hard worker ... great dedication to improving daily ... earned all conference honors in the 4x400m relay a year ago ... majoring in electrical engineering.

**Hometown: North East, PA
High School: Seneca**



Shane Cyphert

**Justin DiPenti
Sophomore**

Coming off a strong cross country season in which he contributed to the best regional performance in Behrend history ... All-Mason Dixon as a freshman in the 1500m ... missed all of last year, but is looking stronger than ever ... majoring in mechanical engineering technology.

**Hometown: Warren, PA
High School: Warren**



Justin DiPenti

**Alex Falvo
Sophomore**

Coming off another impressive cross country season ... continues to improve in track events ... focusing on the 1500m ... uses the combination of speed and endurance well ... majoring in psychology.

**Hometown: Pittsburgh, PA
High School: North Allegheny**



Alex Falvo

Behrend Lions Track and Field

Player Profiles



Jenna Fatica

Jenna Fatica **Sophomore**

Hometown: Erie, PA
High School: Villa Maria Academy

An outstanding 400m/800m runner ... transfer from Akron University ... consistent strong finisher in cross country ... will look to make an immediate impact on the track ... ability to help in relays as well as individual events ... majoring in marketing.



Steel Flynn

Steel Flynn **Sophomore**

Hometown: Butler, PA
High School: Butler

Hard working and dedicated distance runner ... focusing on the steeplechase for the blue and white ... showed improvement throughout the cross country season ... majoring in mechanical engineering.



Bryson Hartzler

Bryson Hartzler **Sophomore**

Hometown: Belleville, PA
High School: Indian Valley

School record holder in high jump ... earned all conference honors in the high jump ... ECAC qualifier as a freshman ... will look to work on his athleticism and consistent power at the bar ... majoring in engineering.



Eric Holzman

Eric Holzman **Sophomore**

Hometown: Export, PA
High School: Franklin Regional

A hard working 400m runner for the Behrend Lions ... ran personal bests at the end of the season a year ago ... looking to improve on strong finish last season ... majoring in electrical engineering.



Michael Johnson

Michael Johnson **Sophomore**

Hometown: Clearfield, PA
High School: Clearfield

A returner with solid 400m, long jump, and high jump skills ... looking to use abilities to be a strong competitor in the pentathlon and decathlon ... earned all conference in the 4x400m ... majoring in finance.



Liz Keller

Liz Keller **Sophomore**

Hometown: Bradford, PA
High School: Bradford

An exceptional distance runner with speed ... part of school record DMR ... may also compete in pole vault this year ... team leader ... exceptional academic performer ... majoring in accounting and finance.



Matt Kirkpatrick

Matt Kirkpatrick **Sophomore**

Hometown: Oil City, PA
High School: Oil City

A high quality all around thrower ... will focus on the javelin ... brings high spirit and energy to practice each day ... getting stronger every day ... majoring in plastics engineering technology.

Evern Lee
Sophomore

Exceptional horizontal jumper ... has great body control in mid air ... ability to learn the event will allow him to become better each season ... has twin brother Mike on the team ... majoring in engineering.

Michael Lee
Sophomore

Skilled athlete with ability to do a variety of events ... will focus on hurdles, high jump, and long jump this season ... twin brother Evern is on the team ... majoring in engineering.

Ronson Mazany
Sophomore

A great all around jumper ... holds indoor and outdoor school records in long jump ... only jumper in school history to go over 22' in the long jump, 44' in the triple jump as well as 6' in the high jump ... will make an attempt at the multi events this season ... majoring in management.

Steven Monnie
Sophomore

A constant contributor on the back-to-back AMCC Cross Country championship teams ... has his sights set on the 1500m in track ... brings speed and endurance to the track ... majoring in mechanical engineering.

Tony Nee
Sophomore

A second year thrower for the blue and white ... focus is on the shot put ... continues to get stronger in the weight room ... hard working athlete ... majoring in accounting.

Joe O'Connor
Sophomore

A talented sprinter and jumper ... will look to make his place on the 4x100m relay teams this season ... one of the ten fastest sprinters in Behrend history ... majoring in mechanical engineering technology.

David Robinson-Gault
Sophomore

An outstanding triple jumper ... will also sprint the 100m this season ... one of the ten best triple jumpers in Behrend history ... majoring in electrical and computer engineering technology.

Hometown: Bronx, NY
High School: Wings Academy



Evern Lee



Michael Lee



Ronson Mazany



Steven Monnie



Tony Nee



Joe O'Connor



D. Robinson-Gault

Hometown: Amherst, NY
High School: Amherst Central

Behrend Lions Track and Field

Player Profiles



Mallory Souleret

Mallory Souleret **Sophomore**

Hometown: Pittsburgh, PA
High School: Baldwin

An outstanding distance runner ... one of only seven female athletes to break the 20 minute barrier in the 5000m on the track ... a two time AMCC All Conference member ... majoring in elementary education.



Mike Stark

Mike Stark **Sophomore**

Hometown: Gibsonia, PA
High School: Pine Richland

The first ever Behrend decathlete ... earned a trip the ECAC championships in his first season of competition ... skilled jumper and hurdler ... will look to improve on throwing and endurance events this year ... majoring in finance.



Kylie Swanson

Kylie Swanson **Sophomore**

Hometown: Hermitage, PA
High School: Hickory

The best female pole vaulter in Behrend history ... will look to improve on her performance from a year ago ... Mason Dixon conference champion a year ago ... looking to vault higher in 2009 ... majoring in biology.



Mandy Wehrle

Mandy Wehrle **Sophomore**

Hometown: Rossiter, PA
High School: Punxsutawney

Outstanding 400m runner who holds Behrend 400m and 4x100m records ... 2008 track and field MVP ... scored 32 points at the conference championships a year ago ... will help lead a solid group of long sprinters this season ... majoring in biology.



Tanisha Wheatley

Tanisha Wheatley **Sophomore**

Hometown: Saltsburg, PA
High School: Kiski

All-conference performer in the 3000m steeplechase in 2008 ... coming off a strong cross country season with improvements in time ... will look to carry over her endurance to this season ... majoring in biology.



Eston Winn

Eston Winn **Sophomore**

Hometown: Erie, PA
High School: McDowell

Former D-10 pole vault champion ... transfer from Kent State ... will focus on vaulting here ... should be an immediate ECAC qualifier ... will help at the conference level and beyond ... majoring in management information systems.

Behrend Lions Track and Field

Freshmen



Greg Benscoter



John Chen



Eric Gerber



Angela Gianamore



Steven Gibbens



Jake Holdcroft



Manuel Holloway



April Kaminski



Meghan Kronenwetter



Melissa Leuschen



Justin Lewis



Julian Martin



Katie Monoskey



Lauren Pecor



Akaash Ramakrishnan



Jose Sosa



Chris Spicer



Brittany Wallace



Alex Zarger



Kirsten Zinsser

Welcome to Penn State Behrend

Penn State Erie, The Behrend College, offers more than 4,600 students the learning opportunities and resources of a major research university in a student-centered environment. The college offers thirty-four bachelor's, six associate, four pre-professional, and two graduate programs with twenty-two minors in four schools—the Sam and Irene Black School of Business, the School of Engineering, the School of Humanities and Social Sciences, and the School of Science—plus a nursing program.

Penn State Behrend is ranked among the top public colleges and universities in Pennsylvania by *U.S. News & World Report* on a number of important measures, including student-to-faculty ratio, SAT scores, first-year student retention rate, and graduation rate. More than 75 percent of our students who go on to graduate with Penn State degrees complete their degrees at the college. According to recent student surveys, ninety-six percent of those graduating seniors would recommend Penn State Behrend to friends considering college.

Our 725-acre campus features more than 50 buildings and is recognized as an arboretum through membership in the American Public Gardens Association. More than 1,650 students live in on-campus residence halls, suites, and apartments in buildings all named for commanders and ships that took part in the Battle of Lake Erie in the War of 1812.

Campus life is enriched by more than 110 clubs and organizations. The athletic program features twenty-one NCAA Division III varsity teams—ten for men and eleven for women—as well as intramural and club sports, and student fitness activities.

As part of a land-grant institution, Penn State Behrend is uniquely positioned to advance the economic, social, and intellectual welfare of northwestern Pennsylvania through research and outreach. Annually, the college funds nearly \$250,000 in undergraduate research opportunities. Outreach efforts include more than two dozen centers, programs, and initiatives for business and industry, area school students, and the community.



Behrend Lions Track and Field

Indoor Records

Women	Event	Men
Becky Gonzalez _____ 8.71	55m Hurdles	Isiah Meek _____ 7.74
	60m Hurdles	Mike Stark _____ 8.82
Virginia Rodgers-Owens _____ 7.47	55m	Mike Ferraro _____ 6.51
Virginia Rodgers-Owens _____ 8.28	60m	Mike Ferraro _____ 7.00
Virginia Rodgers-Owens _____ 27.31	200m	Tyler Johnson _____ 22.55
Lindsay Schulte _____ 44.36	300m	Tyler Johnson _____ 37.30
Kim Chapman _____ 1:02.03	400m	Dave Ober _____ 52.10
Kim Chapman _____ 1:21.09	500m	Bill McKinney _____ 1:07.91
Leisl Soergel _____ 2:26.32	800m	Michael Barlett _____ 1:59.60
Jessica Sarver _____ 3:03.81	1000m	Michael Barlett _____ 2:39.80
Jessica Sarver _____ 4:57.40	1500m	Harry Balwick _____ 4:17.40
Jessica Sarver _____ 5:21.35	Mile Run	Kevin Gorny _____ 4:31.88
Jessica Knapp _____ 10:48.31	3000m	Brad Ruffo _____ 9:03.87
Jessica Knapp _____ 18:29.09	5000m	Brad Ruffo _____ 16:06.57
Dana Turley _____ 49.51	300m Hurdles	Shane Cyphert _____ 43.54
Virginia Rodgers-Owens _____ 1:27.95	4X160m	1:14.36 _____ Mike Ferraro
Mandy Wehrle		Doug Stevenson
Dana Turley		Tyler Johnson
Kaisy Kafferlin		Phil Stuczynski
Virginia Rodgers-Owens _____ 1:54.69	4X200m	1:36.58 _____ Mike Ferraro
Kim Chapman		Mike Yurkewicz
Dana Turley		Vinnie Krawiec
Caitlin Bahr		Phil Stuczynski
Jaylan Giuliano _____ 4:19.39	4X400m	3:29.55 _____ Jordan Telin
Leisl Soergel		Doug Stevenson
Kim Chapman		Shane Cyphert
Lauren Kremm		Matt Cherpak
Leslie Gentile _____ 10:01.62	4 x 800m Relay	8:05.07 _____ Brad Ruffo
Nikki Mineweaser		Eric DiLuzio
Claire Manelick		Mike Barlett
Leisl Soergel		Joe Wilcher
Jamie Benson _____ 4:57.43	SMR (400, 200, 200, 800)	3:57.70 _____ Shawn Furman
Erica Bender		Tommie Stoval
Jen Morton		Chris Schlosser
Jenny Detelich		Greg Cooper
Tanisha Wheatley _____ 14:10.30	DMR(1200,400,800,1600)	11:05.91 _____ Tyler Lyon
Dana Turley		Rob Shrawder
Mandy Wehrle		Steve Monnie
Liz Keller		Kevin Gorny
Staci Banaszek _____ 17' 1.5"	Long Jump	21' 9.75" _____ Ronson Mazany
Staci Banaszek _____ 5' 5"	High Jump	6' 4" _____ J. Davids/B. Hartzler
Staci Banaszek _____ 36' 9"	Triple Jump	44' 2.75" _____ Shane Rock
Carolyn Carter _____ 33' 7.5"	Shot Put	45' 0.5" _____ Corey Poulsen
Kylie Swanson _____ 9' 2.25"	Pole Vault	14' 3.5" _____ Denny Kang
Cassie Manelick _____ 33' 10.25"	Weight Throw	39' 3.75" _____ Eric Danig

Behrend Lions Track and Field

Outdoor Records

Women	Event	Men
Lauren Kremm _____ 12.58	100m _____ 11.13	Mike Ferraro
Lindsay Schulte _____ 25.69	200m _____ 22.49	Tyler Johnson
Mandy Wehrle _____ 1:00.51	400m _____ 50.07	Steve Omecinski
Leisl Soergel _____ 2:20.88	800m _____ 1:56.88	Mike Barlett
Jessica Sarver _____ 4:43.93	1500m _____ 4:09.14	Harry Balwick
Jessica Knapp _____ 10:41.15	3000m _____ 9:38.98	Tim Schultheis
Jessica Knapp _____ 17:50.14	5000m _____ 15:40.49	Brad Ruffo
Jessica Knapp _____ 38:46.33	10,000m _____ 33:22.80	Brad Ruffo
Lisa Brozewicz _____ 12:20.96	3000m SC _____ 9:41.36	Kevin Gorny
Kim Chapman _____ 15.82	100/110 HH _____ 14.76	Isiah Meek
Dana Turley _____ 65.14	400m IH _____ 55.69	Dennis Scheuer
Virginia Rodgers-Owens _____ 49.99	4 x 100m Relay _____ 41.87	Doug Stevenson
Mandy Wehrle		Mike Ferraro
Dana Turley		Tyler Johnson
Sammie Kristufek		Phil Stuczynski
Becky Gonzalez _____ 4:07.67	4 x 400m Relay _____ 3:22.89	Steve Omecinski
Nikki Mineweaser		Greg Cooper
Leisl Soergel		Tommie Stovall
Erica Smith		Shawn Furman
Staci Banaszek _____ 17'5.5"	Long Jump _____ 22' 3.0"	Ronson Mazany
Staci Banaszek _____ 36'8.0"	Triple Jump _____ 46' 6.0"	Scott Nicklas
Staci Banaszek _____ 5'6.0"	High Jump _____ 6' 4.75"	Bryson Hartzler
Kylie Swanson _____ 10' 0"	Pole Vault _____ 15'3"	Donnie Hackworth
Amy Mudrak _____ 36' 1.0"	Shot Put _____ 43' 1.0"	Steve Duda
Laura Packosky _____ 108'4"	Discus _____ 136' 7.0"	Tom Ashcraft
Lynn Herrmann _____ 113' 7.0"	Javelin _____ 196'7"	Dan Mitchell
	Decathlon _____ 5709	Mike Stark
Staci Banaszek _____ 4:26.59	Sprint Medley Relay _____ 3:39.02	Clayton Kirschner
Lauren Kremm		Ben Nosko
Jenny Bailey		Isiah Meek
Leisl Soergel		Mike Barlett
Jessica Sarver _____ 13:01.27	Distance Medley Relay _____ 11:13.92	Brad Ruffo
Holly Weinheimer		Kevin Shugars
Claire Manelick		Jason Bem
Jessica Knapp		Harry Balwick
Nikki Mineweaser _____ 1:54.39	4 x 200m Relay _____ 1:36.26	Shane Rock
Staci Banaszek		Mark Lukasko
Claire Manelick		Mike Yurkewicz
Marlena McNutt		Gabe Delerme
Jessica Knapp _____ 10:05.19	4 x 800m Relay _____ 8:09.56	Bill McKinney
Leslie Gentile		Brian Wheeler
Claire Manelick		Mike Barlett
Jessica Sarver		Jay Davids
Jessica Knapp _____ 21:49.88	4 x 1600m Relay _____ 18:49.77	Harry Balwick
Leslie Gentile		Jason Bem
Claire Manelick		Andy Marshall
Jessica Sarver		Brad Ruffo

Behrend Lions Track and Field

2008 ECAC and NCAA Qualifiers

Outdoors

Name	Event	Qualifying Mark
Earl Bass	110m Hurdles	15.74
Virginia Rodgers-Owens	100 Meter Dash	12.62
	200 Meter Dash	26.32
	4x100 Meter Relay	49.99
Mike Ferraro	100 Meter Dash	10.87*
	4x100 Meter Relay	41.87*
Kevin Gorny	3000 Meter Steeplechase	9:42.84
Bryson Hartzler	High Jump	1.95 m
Tyler Johnson	4x100 Meter Relay	41.87*
Denny Kang	Pole Vault	4.40 m*
Sammie Kristufek	4x100 Meter Relay	49.99
Ronson Mazany	Triple Jump	13.67m
	Long Jump	6.78m
Doug Stevenson	100 Meter Dash	11.05
	4x100 Meter Relay	41.87*
Mike Stark	Decathlon	5709
Phil Stuczynski	4x100 Meter Relay	41.87*
Jordan Telin	400 Meter	50.68
Dana Turley	400 Meter IH	66.72
	4x100 Meter Relay	49.99
Mandy Wehrle	400 Meter	60.51
	4x100 Meter Relay	49.99

* All-ECAC

2008 All Mason Dixon Conference**Women
Name****Event**

Virginia Rodgers-Owens _____	100 Meter Dash, 200 Meter Dash, 4x100 Meter Relay
Amanda Wehrle _____	100 Meter Dash, 200 Meter Dash, 400 Meter Dash, 4x100 Meter Relay 4x400 Meter Relay
Dana Turley _____	100 Meter Hurdles, 400 Meter Hurdles, 4x100 Meter Relay, 4x400 Meter Relay
Tanisha Wheatley _____	3000 Meter Steeplechase
Samantha Kristufek _____	4x100 Meter Relay, Long Jump
Elizabeth Keller _____	4x400 Meter Relay
Aubry Regan _____	4x400 Meter Relay, High Jump
Sara Byers _____	High Jump
Kylie Swanson _____	Pole Vault
Danielle Wynder _____	Long Jump, Javelin
Cassie Manelick _____	Triple Jump, Shot Put, Discus, Javelin
Ariel Estes _____	Discus

**Men
Name****Event**

Jordan Telin _____	400 Meter Dash, 4x400 Meter Relay
Andy Iams _____	5000 Meter Run, 10,000 Meter Run
Kevin Gorny _____	5000 Meter Run, 3000 Meter Steeplechase
Andy Marshall _____	10,000 Meter Run
Earl Bass _____	110 Meter Hurdles
Michael Stark _____	110 Meter Hurdles, Pole Vault
Doug Stevenson _____	4x100 Meter Relay
Mike Ferraro _____	4x100 Meter Relay
Tyler Johnson _____	4x100 Meter Relay
Phil Stuczynski _____	4x100 Meter Relay
Michael Johnson _____	4x400 Meter Relay
Steve Monnie _____	4x400 Meter Relay
Shane Cyphert _____	4x400 Meter Relay
Bryson Hartzler _____	High Jump
Bomin Kang _____	Pole Vault
Ronson Mazany _____	Long Jump, Triple Jump, Javelin
Evern Lee _____	Long Jump
David Robinson-Gault _____	Triple Jump
John Bowman _____	Discus, Javelin
Eric Danig _____	Discus, Javelin

Behrend Lions Track and Field

2009 Roster

Name	Yr.	Hometown/High School
Matt Alto	So.	Uniontown, OH/Archbishop Hoban
Earl Bass	Jr.	Niagara Falls, NY/Niagara Falls
Greg Benschoter	Fr.	Bellefonte, PA/Bellefonte
Nathaniel Boring	So.	Reedsville, PA/Indian Valley
John Bowman	So.	Clearfield, PA/Clearfield
Sara Byers	Jr.	Ehon Valley, PA/Mohawk
John Chen	Fr.	Bethel Park, PA/Bethel Park
Chris Chovan	Fr.	Sharpsville, PA/Sharpsville
Shane Cyphert	So.	North East, PA/Seneca
Eric Danig	Jr.	Parquesburg, PA/Octorara
Justin DiPenti	So.	Warren, PA/Warren
Alex Falvo	So.	Pittsburgh, PA/North Allegheny
Jenna Fatica	So.	Erie, PA/Villa Maria Academy
Steel Flynn	So.	Butler, PA/Butler
Eric Gerber	Fr.	Erie, PA/McDowell
Angela Gianamore	Fr.	Pittsburgh, PA/Fox Chapel
Steven Gibbens	Fr.	Erie, PA/Seneca
Kevin Gorny	Jr.	Erie, PA/McDowell
Bryson Hartzler	So.	Belleville, PA/Indian Valley
Jake Holdcroft	Fr.	Pittsburgh, PA/North Allegheny
Manuel Holloway	Fr.	Amherst, NY/Amherst Central
Eric Holzman	So.	Export, PA/Franklin Regional
Andy Iams	Jr.	Harrison City, PA/Penn-Trafford
Michael Johnson	So.	Clearfield, PA/Clearfield
Carl Kallgren	Fr.	Erie, PA/McDowell
April Kaminski	Fr.	Erie, PA/Iroquois
Liz Keller	So.	Bradford, PA/Bradford
Matt Kirkpatrick	So.	Oil City, PA/Oil City
Vinnie Krawiec	Jr.	Erie, PA/McDowell
Lauren Kremm	Sr.	Greenville, PA/Greenville
Meghan Kronenwetter	Fr.	St. Marys, PA/Elk County Catholic
Evren Lee	So.	Bronx, NY/Wings Academy
Mike Lee	So.	Bronx, NY/Wings Academy
Melissa Leuschen	Fr.	Erie, PA/Iroquois
Justin Lewis	Fr.	Greenville, PA/Greenville
Cassie Manelick	Sr.	Youngsville, PA/Youngsville
Julian Martin	Fr.	Erie, PA/McDowell
Ronson Mazany	So.	Ashville, NY/Panama Central
Steven Monnie	So.	Butler, PA/Butler
Katie Monoskey	Fr.	Punxsutawney, PA/Punxsutawney
Tony Nee	So.	South Park, PA/South Park
Joe O'Connor	So.	Pittsburgh, PA/Avonworth
Lauren Pecor	Fr.	Mars, PA/Mars
Matthew Popson	Jr.	Erie, PA/McDowell
Akaash Ramakrishnan	Fr.	Navimumbai, India/India
David Robinson-Gault	So.	Amherst, NY/Amherst Central
Virginia Rodgers-Owens	Jr.	Washington, DC/Dunbar
Calvin Schmader	So.	Cooperstown, PA/Oil City
Rob Shrawder	Jr.	New Wilmington, PA/West Middlesex
Jose Sosa	Fr.	Brooklyn, PA/Brooklyn Technical
Mallory Souleret	So.	Pittsburgh, PA/Baldwin
Chris Spicer	Fr.	McDonald, PA/South Fayette
Mike Stark	So.	Gibsonia, PA/Pine Richland
Doug Stevenson	Jr.	Sharpsville, PA/Sharpsville
Phil Stuczynski	Sr.	Girard, PA/Girard
Kylie Swanson	So.	Hermitage, PA/Hickory
Jordan Telin	Jr.	North Huntingdon, PA/Norwin
Dana Turley	Jr.	Sarver, PA/Freeport
Brittany Wallace	Fr.	Sharon, PA/Sharon
Mandy Wehrle	So.	Rossiter, PA/Punxsutawney
Tanisha Wheatley	So.	Saltsburg, PA/Kiski
Eston Winn	So.	Erie, PA/McDowell
Alex Zarger	Fr.	Erie, PA/Harbor Creek
Kirsten Zinsser	Fr.	Gibsonia, PA/Pine Richland

Behrend Lions Track and Field

2009 Schedule

Indoor

Date	Site	Time
January 24	@ Case Western Reserve _____	10:00 a.m.
February 14	@ Cornell _____	TBA
February 21	@ Kenyon Invitational _____	TBA
February 28	@ Marietta Open _____	TBA
March 6-7	@ ECAC Championships _____	TBA
March 12-14	@ NCAA Championships _____	TBA

Outdoor

Date	Site	Time
March 27-28	@ Wheeling Invitational _____	TBA
April 4	@ Washington and Jefferson _____	TBA
April 11	@ Slippery Rock Invitational _____	10:00 a.m.
April 18	@ Westminster Invitational _____	10:00 a.m.
May 1-2	@ Mason Dixon Championships _____	TBA
May 8	@ Allegheny Invitational _____	TBA
May 14-15	@ ECAC Championships _____	TBA
May 21-23	@ NCAA Championships @ Marietta College _____	TBA

This publication is available in alternative media upon request.

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